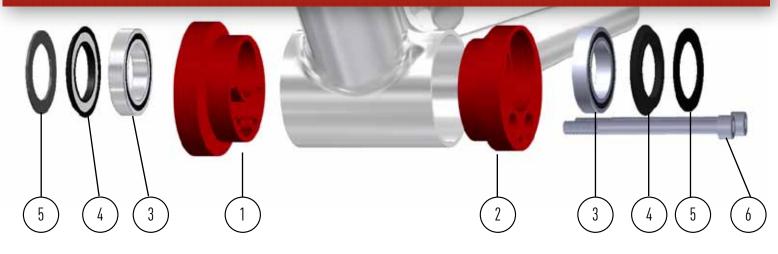
TECHNICAL NOTES: **PF30-EBB** for **SHIMANO** — Angular Contact Bearings





ECCENTRIC BB for SHIMANO PART LIST

Item #	Part #	Description	QTY Included
1		RIGHT PF30-EBB CUP	1
2		LEFT PF30-EBB CUP	1
3	<u>SB-24X37ACZ</u>	ENDURO 24X37X7 ANGULAR CONTACT BEA	RING 1 Enduro
	<u>SB-24X37ACZ</u>	ENDURO 24X37X7 ANGULAR CONTACT BEA	RING 1
4	24MMSEAL	24MM OUTER SILICONE SEAL	1
	<u>24MMSEAL</u>	24MM OUTER SILICONE SEAL	1
5	BB-24MM-0.5Z	0.5MM SHIM FOR 24MM BB SPINDLE	1
	<u>BB-24MM-1.0Z</u>	1MM SHIM FOR 24MM BB SPINDLE	2
6	M6 X 75SHSSZ	M6 X 75MM STAINLESS SOCKET HEAD BOL	.T 2

Recommended Tools:

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Part #	Description	QTY Needed	
5MM ALLEN WRENCH	INSTALLATION PRESS	1	
TOOL-SPAN	BOTTOM BRACKET SPANNER WRENCH	1	
Torque Wrench	TORQUE WRENCH	1	33

TECHNICAL NOTES: **PF30-EBB** for **SHIMANO** — Angular Contact Bearings



IMPORTANT:

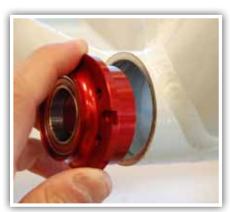
- Read instructions completely before beginning installation.
- DO NOT use any brand bearing retaining compounds or epoxies during installation, use of which will void any warranty.

Thoroughly clean the bottom bracket shell. Do not install bottom bracket dry. Identify the material that your frame's bottom bracket shell is made of. Use the correct compound for your BB shell material!

- Steel or Alloy BB shells High Quality Grease
- Carbon BB Shell 100% Pure PTFE (Teflon) Grease
- Titanium BB Shell Anti-Seize Compound



- Thoroughly clean the bottom bracket shell.
 Do Not install cups dry. Apply a thin layer of high quality grease, PTFE or anti-seize compound to inside surface of the shell.
- Steel and Aluminum BB Shells Grease
- Carbon BB Shell PTFE (Teflon)
- Titanium BB Shell Anti-Seize Compound



- Apply a thin layer of high quality grease, PTFE or anti-seize compound to cup and insert drive side cup into frame by hand positioning bearing towards the rear of the bike.
- Steel and Aluminum BB Shells Grease
- Carbon BB Shell PTFE (Teflon)
- Titanium BB Shell Anti-Seize Compound



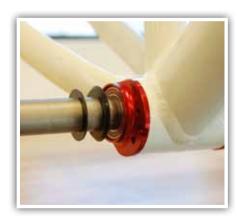
- 2. Apply a thin layer of high quality grease,
 PTFE or anti-seize compound to cup and insert
 non-drive side cup into frame by hand positioning
 bearing towards the rear of the bike.
- Steel and Aluminum BB Shells Grease
- Carbon BB Shell PTFE (Teflon)
- Titanium BB Shell Anti-Seize Compound



4. Apply a thin layer of grease to the bolts on both the threads and beneath the head.



5. Thread in both M6 x 75 bolts, but do not fully tighten. Position the cups so that the bearings are facing towards the rear of the bike.



 Install right crank arm, making sure outer dust seal is installed. Use crank spacers as needed to take up any play. Remove spacers as necessary if binding occurs.

TECHNICAL NOTES: **PF30-EBB** for **SHIMANO** — Angular Contact Bearings





 Install left crank arm, making sure outer dust seal is installed. Use crank spacers as needed to take up any play. Remove spacers as necessary if binding occurs.



8. Tighten crank to manufacturer specifications.



 With rear wheel and chain installed, use spanner wrench (<u>TOOL-SPAN</u>) to rotate the EBB counter-clockwise until proper chain tension is reached.



10. Using torque wrench, tighten both M6 x 75 to 8-10 Nm.

Warning: Do not install bottom bracket with the two bolts positioned above the bearing. Some carbon frames do not have proper internal support for the bolts to properly tighten to spec. As a result, the cups will not stay tight in the frame, and at worst, your frame may crack.



Correct



Incorrect

Final Adjustments:

Check for play in the crank. If the crank moves side-to-side through the bottom bracket, remove the left crank arm and add spacers as needed between the outer dust seal and the left crank arm.

NOTE: Angular contact bearings require slightly more preload to ensure that all balls are contacting the inner races properly. For proper preload of angular contact bearings, tighten the left crank arm fixing bolt until you start to feel drag on the bearings. Then back off the fixing bolt until the bearings begin to rotate freely again. Tighten crank pinch bolts to manufacturer specs.

NOTE: Due to the wide variety of frame manufacturers, Wheels Manufacturing cannot guarantee compatibility with all frames. Please consult with your specific frame manufacturer before installation. Wheels Manufacturing is not responsible for damage done to your frame as a result of installation or use of this product.

IMPORTANT: Wheels Mfg Limited Warranty

Wheels Mfg PressFit components, excluding Enduro bearings are warranted for a period of 2 years. Enduro warrants its 24x37 angular contact bearings and 24x37 ceramic bearings for a period of 1 year to be free of defects in workmanship or materials. Excessive exposure to environmental elements or improper installation or removal voids warranty. Do not wash the bottom bracket area with high-pressure jets of water. Do not remove or install bearings in or out of cups with a hammer! Do not install bearings in cups by pressing on inner bearing race, bearing damage will result. Failure to use proper installation and removal tools will damage bearings and greatly reduce bearing life.